

ARIZONA

2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	36.4	27.8 - 45.9	88	66.7	60.6 - 72.3	176	59.2	47.5 - 69.9	32	56.7	52.1 - 61.3	296
b. 1 course	48.5	40.2 - 56.9	88	20.0	15.0 - 26.2	176	28.0	16.4 - 43.4	32	29.5	25.3 - 34.1	296
c. 2 courses	9.1	5.3 - 15.2	88	4.5	2.5 - 8.1	176	0.0	†	32	5.4	3.6 - 8.0	296
d. 3 courses	1.3	0.2 - 6.8	88	6.9	4.2 - 11.1	176	6.4	1.9 - 19.7	32	5.2	3.3 - 7.9	296
e. 4 or more courses	4.7	2.0 - 10.7	88	1.9	0.7 - 4.9	176	6.4	1.9 - 19.7	32	3.2	1.8 - 5.6	296

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
15.1	10.1 - 21.9	88	13.2	9.3 - 18.6	176	12.9	5.3 - 27.9	32	13.8	10.7 - 17.6	296

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	29.3	23.4 - 35.9	148	21.3	12.2 - 34.4	24	28.1	22.9 - 34.0	172
b. Seventh grade	§	§	§	27.8	22.5 - 33.7	174	17.7	9.8 - 29.7	29	26.3	21.6 - 31.6	203
c. Eighth grade	§	§	§	27.9	22.6 - 33.9	174	14.1	7.5 - 24.9	29	25.8	21.2 - 31.2	203
d. Ninth grade	49.5	41.0 - 58.0	86	-	-	4	35.5	23.4 - 49.9	31	45.1	38.0 - 52.3	121
e. Tenth grade	36.1	27.8 - 45.4	87	§	§	§	16.5	7.6 - 32.2	30	31.1	24.3 - 38.8	117
f. Eleventh grade	31.9	24.7 - 40.1	87	§	§	§	16.5	7.6 - 32.2	30	27.9	21.9 - 35.0	117
g. Twelfth grade	31.6	24.3 - 40.0	87	§	§	§	17.0	7.8 - 33.2	29	28.0	21.8 - 35.1	116

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
90.5	80.3 - 95.7	55	18.7	11.5 - 28.9	56	92.1	64.8 - 98.7	13	58.2	51.0 - 65.1	124

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Goals, objectives, and expected outcomes for health education	67.4	57.3 - 76.2	88	48.6	42.4 - 54.7	176	53.4	41.9 - 64.5	32	54.8	50.0 - 59.5	296
b. A chart describing the annual scope and sequence of instruction for health education	41.9	32.8 - 51.5	88	31.0	25.4 - 37.2	176	37.3	25.6 - 50.7	32	35.0	30.4 - 39.8	296
c. Plans for how to assess student performance in health education	53.8	43.6 - 63.7	88	35.2	29.7 - 41.1	176	34.7	23.8 - 47.5	32	40.8	36.1 - 45.6	296
d. A written health education curriculum	55.8	45.5 - 65.6	88	35.3	29.5 - 41.5	176	44.0	34.0 - 54.6	32	42.4	37.7 - 47.3	296

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	62.9	53.0 - 71.9	84	43.8	37.2 - 50.5	162	67.5	56.0 - 77.2	31	52.4	47.3 - 57.4	277
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	66.2	56.2 - 75.0	84	43.2	36.5 - 50.1	162	60.9	49.8 - 71.0	31	52.3	47.2 - 57.4	277
c. Accessing valid information and products and services to enhance health	54.4	44.6 - 63.9	84	37.1	31.3 - 43.3	162	48.0	33.2 - 63.2	31	43.7	38.9 - 48.7	277
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	64.2	54.8 - 72.6	84	43.4	37.0 - 50.1	162	60.9	49.7 - 71.0	31	51.8	46.9 - 56.7	277
e. Using decision-making skills to enhance health	68.7	59.1 - 77.0	84	48.8	42.1 - 55.6	162	60.9	49.8 - 71.0	31	56.3	51.3 - 61.2	277
f. Using goal-setting skills to enhance health	66.1	56.0 - 74.9	84	45.7	38.8 - 52.7	162	54.6	43.7 - 65.1	31	53.0	47.8 - 58.1	277
g. Practicing health-enhancing behaviors to avoid or reduce risks	68.8	59.2 - 77.0	84	49.0	42.3 - 55.7	162	57.6	43.0 - 71.0	31	56.1	51.0 - 61.0	277
h. Advocating for personal, family, and community health	57.7	47.6 - 67.2	84	43.8	37.5 - 50.4	162	49.6	37.0 - 62.4	30	48.8	43.7 - 53.8	276

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Goals, objectives, and expected outcomes for sexual health education	72.2	59.7 - 81.9	42	73.1	61.6 - 82.1	56	-	-	12	69.1	61.0 - 76.2	110
b. A written health education curriculum that includes objectives and content addressing sexual health education	64.8	51.3 - 76.2	42	75.1	63.4 - 84.0	56	-	-	12	67.3	59.1 - 74.6	110
c. A chart describing the annual scope and sequence of instruction for sexual health education	44.4	32.3 - 57.1	42	50.2	38.4 - 61.9	56	-	-	12	46.0	37.9 - 54.3	110
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	71.9	59.4 - 81.8	42	75.3	64.4 - 83.7	56	-	-	12	71.1	63.2 - 77.9	110
e. Methods to assess student knowledge and skills related to sexual health education	66.5	53.2 - 77.6	41	62.5	50.8 - 72.9	56	-	-	12	62.6	54.1 - 70.3	109

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
31.8	23.5 - 41.4	88	14.9	11.0 - 20.0	176	16.3	7.3 - 32.4	31	20.2	16.5 - 24.5	295

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
59.8	49.8 - 69.0	89	24.3	19.1 - 30.4	176	45.2	34.6 - 56.2	31	37.4	32.9 - 42.1	296

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	76.9	67.6 - 84.1	88	48.8	42.5 - 55.2	177	55.1	37.8 - 71.3	31	58.0	53.0 - 62.8	296
b. Asthma	34.6	27.0 - 43.0	88	19.1	14.1 - 25.3	175	38.2	24.3 - 54.3	31	25.8	21.7 - 30.5	294
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	75.9	67.0 - 82.9	88	44.5	38.3 - 51.0	175	69.9	50.7 - 84.0	30	56.7	51.9 - 61.5	293
d. Emotional and mental health	66.9	57.0 - 75.5	88	34.2	28.5 - 40.3	175	61.1	43.9 - 76.0	31	47.0	42.2 - 51.9	294
e. Epilepsy or seizure disorder	24.5	18.8 - 31.2	88	10.9	7.3 - 15.9	175	32.6	20.8 - 47.0	31	17.3	14.2 - 21.0	294
f. Food allergies	52.5	44.2 - 60.6	88	29.3	24.0 - 35.3	176	51.5	35.1 - 67.6	31	38.7	34.2 - 43.3	295
g. Foodborne illness prevention	58.6	48.9 - 67.7	87	16.7	12.2 - 22.3	175	61.1	44.5 - 75.5	31	34.1	29.8 - 38.7	293
h. Human immunodeficiency virus (HIV) prevention	63.3	53.8 - 71.9	86	20.2	16.2 - 24.9	165	40.8	24.4 - 59.4	30	35.8	31.6 - 40.3	281
i. Human sexuality	48.5	40.0 - 57.1	86	20.2	15.8 - 25.5	165	40.1	22.8 - 60.3	30	31.2	26.8 - 35.8	281

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. Infectious disease prevention (e.g., influenza [flu] prevention)	55.3	46.3 - 63.9	88	34.3	28.2 - 41.1	175	71.1	54.6 - 83.4	31	44.6	39.8 - 49.6	294
k. Injury prevention and safety	73.1	63.7 - 80.8	87	51.7	45.2 - 58.1	176	71.1	52.6 - 84.5	31	60.2	55.1 - 65.0	294
l. Nutrition and dietary behavior	84.8	76.8 - 90.4	81	68.9	61.6 - 75.3	143	82.3	64.8 - 92.1	29	75.6	70.6 - 80.0	253
m. Physical activity and fitness	86.4	78.7 - 91.5	83	82.5	76.3 - 87.3	151	92.6	77.5 - 97.9	28	84.8	80.6 - 88.3	262
n. Pregnancy prevention	58.2	49.3 - 66.6	86	18.2	13.8 - 23.6	165	31.2	16.9 - 50.2	29	32.0	27.9 - 36.5	280
o. Sexually transmitted disease (STD) prevention	61.4	52.6 - 69.5	86	20.1	15.9 - 25.1	165	40.1	25.2 - 57.0	30	35.1	31.0 - 39.4	281
p. Suicide prevention	55.6	46.5 - 64.3	88	22.0	17.0 - 27.9	175	48.5	32.2 - 65.2	31	35.0	30.6 - 39.8	294
q. Tobacco-use prevention	71.9	61.6 - 80.3	82	40.5	34.5 - 46.9	172	54.8	37.6 - 71.0	31	51.3	46.3 - 56.3	285
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	73.3	63.9 - 81.0	88	62.1	55.5 - 68.3	176	70.8	52.1 - 84.3	31	66.4	61.4 - 71.2	295

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	58.4	48.7 - 67.6	86	27.9	22.6 - 33.9	172	32.9	19.8 - 49.3	31	37.7	33.1 - 42.6	289
b. Identifying short- and long-term health consequences of tobacco use	61.2	50.5 - 71.0	84	29.0	23.8 - 34.8	172	42.9	28.1 - 59.0	31	40.1	35.4 - 45.0	287
c. Identifying social, economic, and cosmetic consequences of tobacco use	50.4	41.6 - 59.1	88	24.8	19.5 - 30.9	174	39.2	24.2 - 56.6	31	34.1	29.6 - 39.0	293
d. Understanding the addictive nature of nicotine	58.6	48.7 - 67.8	86	24.4	19.2 - 30.5	172	42.5	28.0 - 58.5	31	36.7	32.1 - 41.6	289
e. Effects of nicotine on the adolescent brain	51.1	41.2 - 60.9	87	22.6	17.6 - 28.4	173	29.6	17.2 - 46.0	31	32.0	27.5 - 36.8	291
f. Effects of tobacco use on athletic performance	51.1	41.0 - 61.1	85	24.2	19.1 - 30.1	173	29.6	17.2 - 46.0	31	32.8	28.2 - 37.8	289
g. Effects of second-hand smoke and benefits of a smoke-free environment	58.0	48.6 - 66.9	85	25.6	20.4 - 31.7	172	36.2	22.1 - 53.2	31	36.5	31.9 - 41.4	288
h. Understanding the social influences on tobacco use, including media, family, peers, and culture	55.6	46.2 - 64.5	87	25.4	20.1 - 31.5	173	36.2	22.1 - 53.2	31	35.7	31.2 - 40.6	291
i. Identifying reasons why students do and do not use tobacco	54.7	44.9 - 64.0	85	23.4	18.3 - 29.4	172	29.6	17.6 - 45.2	31	33.4	28.9 - 38.3	288
j. Making accurate assessments of how many peers use tobacco	40.2	31.5 - 49.6	88	19.0	14.3 - 24.8	174	22.9	11.5 - 40.6	31	25.9	21.7 - 30.6	293

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	54.5	45.0 - 63.6	87	24.2	19.0 - 30.3	173	26.3	14.0 - 43.8	31	33.6	29.1 - 38.5	291
l. Using goal-setting and decision-making skills related to not using tobacco	49.0	39.3 - 58.8	87	23.5	18.4 - 29.5	174	29.6	15.9 - 48.4	31	31.9	27.3 - 36.9	292
m. Finding valid information and services related to tobacco-use prevention and cessation	42.1	33.0 - 51.8	87	20.2	15.5 - 25.9	174	26.3	15.0 - 41.8	31	27.5	23.2 - 32.2	292
n. Supporting others who abstain from or want to quit using tobacco	46.6	37.0 - 56.4	87	20.2	15.5 - 25.9	174	29.3	15.7 - 47.9	31	29.2	24.7 - 34.0	292
o. Identifying harmful effects of tobacco use on fetal development	48.5	39.1 - 58.1	86	16.7	12.2 - 22.4	175	39.2	24.2 - 56.6	31	28.7	24.3 - 33.4	292
p. Relationship between using tobacco and alcohol or other drugs	56.6	46.6 - 66.2	87	23.8	18.4 - 30.0	173	36.2	23.1 - 51.8	31	35.1	30.4 - 40.1	291
q. How addiction to tobacco use can be treated	50.8	41.1 - 60.4	88	18.9	14.2 - 24.7	174	29.6	17.2 - 46.0	31	29.8	25.4 - 34.6	293
r. Understanding school policies and community laws related to the sale and use of tobacco products	52.4	42.8 - 61.7	84	23.0	17.8 - 29.1	174	26.3	13.7 - 44.5	31	32.0	27.4 - 36.9	289
s. Benefits of tobacco cessation programs	40.4	31.6 - 49.9	87	14.8	10.7 - 20.1	174	29.6	17.2 - 46.0	31	24.1	20.1 - 28.6	292

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N
Percent			Percent			Percent			Percent		
23.6	16.7 - 32.2	88	10.2	6.8 - 15.1	175	16.3	7.3 - 32.4	31	14.9	11.7 - 18.9	294

*Responses to question 10 a through s all are "yes."
 N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. How HIV and other STDs are transmitted	§	§	§	18.3	14.1 - 23.3	171	17.1	7.1 - 35.9	24	18.1	14.1 - 23.0	195
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	17.7	13.7 - 22.7	171	17.1	7.1 - 35.9	24	17.7	13.7 - 22.4	195
c. The benefits of being sexually abstinent	§	§	§	17.7	13.7 - 22.7	171	17.1	7.1 - 35.9	24	17.7	13.8 - 22.4	195
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	14.0	10.3 - 18.7	175	8.5	2.6 - 24.8	24	13.3	9.9 - 17.7	199
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	16.9	13.1 - 21.4	172	17.1	7.1 - 35.9	24	16.9	13.2 - 21.3	196
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	15.8	11.9 - 20.6	172	12.8	4.7 - 30.4	24	15.4	11.7 - 20.0	196

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	17.0	13.2 - 21.6	171	12.8	4.7 - 30.4	24	16.5	12.9 - 20.8	195
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	17.0	13.1 - 21.8	172	17.1	7.1 - 35.9	24	17.0	13.2 - 21.6	196
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	9.7	6.5 - 14.1	174	8.5	2.4 - 25.9	24	9.5	6.6 - 13.7	198
j. The importance of using condoms consistently and correctly	§	§	§	8.0	5.1 - 12.4	174	12.8	4.7 - 30.4	24	8.6	5.7 - 12.8	198
k. How to obtain condoms	§	§	§	6.4	3.8 - 10.5	174	4.3	0.8 - 20.8	24	6.1	3.7 - 9.9	198
l. How to correctly use a condom	§	§	§	6.4	3.8 - 10.5	175	4.3	0.8 - 20.8	24	6.1	3.7 - 9.8	199

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. Methods of contraception other than condoms	§	§	§	7.0	4.2 - 11.2	174	8.5	2.4 - 25.9	24	7.2	4.5 - 11.2	198
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	8.6	5.5 - 13.1	174	12.8	4.7 - 30.4	24	9.1	6.1 - 13.4	198
o. How to create and sustain healthy and respectful relationships	§	§	§	17.6	13.6 - 22.6	171	17.8	7.3 - 37.3	23	17.7	13.7 - 22.4	194
p. The importance of limiting the number of sexual partners	§	§	§	10.1	6.9 - 14.7	174	12.8	4.7 - 30.4	24	10.5	7.3 - 14.8	198
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	11.1	7.7 - 15.9	175	8.5	2.4 - 25.9	24	10.8	7.6 - 15.2	199
r. Sexual orientation	§	§	§	9.6	6.6 - 13.7	175	4.3	0.8 - 20.8	24	8.9	6.2 - 12.7	199
s. Gender roles, gender identity, or gender expression	§	§	§	9.8	6.6 - 14.3	174	12.8	4.7 - 30.4	24	10.2	7.0 - 14.5	198

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. How HIV and other STDs are transmitted	53.7	43.8 - 63.3	85	-	-	3	37.6	22.9 - 54.9	27	48.5	40.3 - 56.8	115
b. Health consequences of HIV, other STDs, and pregnancy	52.3	42.7 - 61.7	85	-	-	3	33.7	20.4 - 50.2	27	46.6	38.7 - 54.6	115
c. The benefits of being sexually abstinent	49.1	39.8 - 58.5	86	-	-	3	22.2	11.1 - 39.5	27	41.6	34.1 - 49.5	116
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	44.3	35.3 - 53.7	85	-	-	3	14.9	6.3 - 31.5	27	36.2	29.1 - 44.0	115
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	43.4	34.5 - 52.6	86	-	-	3	11.1	4.2 - 26.5	27	34.7	27.9 - 42.3	116
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	45.0	35.8 - 54.5	85	-	-	3	11.1	4.2 - 26.5	27	35.8	28.8 - 43.6	115

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	46.2	37.3 - 55.3	85	-	-	3	18.4	8.4 - 35.6	27	38.4	31.2 - 46.2	115
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	44.0	34.8 - 53.6	85	-	-	3	18.4	8.4 - 35.6	27	36.8	29.4 - 44.9	115
i. Efficacy of condoms, that is, how well condoms work and do not work	42.9	34.2 - 52.1	86	-	-	3	14.9	6.3 - 31.4	27	35.3	28.4 - 42.9	116
j. The importance of using condoms consistently and correctly	40.8	32.2 - 49.9	86	-	-	3	14.9	6.3 - 31.4	27	33.7	26.9 - 41.3	116
k. How to obtain condoms	34.8	26.1 - 44.8	86	-	-	3	7.3	2.2 - 21.3	27	27.5	20.9 - 35.4	116
l. How to correctly use a condom	28.1	20.3 - 37.5	86	-	-	3	7.3	2.2 - 21.3	27	22.5	16.5 - 29.9	116

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
m. Methods of contraception other than condoms	42.7	33.2 - 52.6	86	-	-	3	18.4	8.4 - 35.6	27	35.9	28.4 - 44.2	116
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	40.2	31.4 - 49.7	86	-	-	3	14.9	6.3 - 31.4	27	33.3	26.3 - 41.2	116
o. How to create and sustain healthy and respectful relationships	52.7	44.2 - 61.1	85	-	-	3	23.0	11.1 - 41.7	26	44.5	37.3 - 52.0	114
p. The importance of limiting the number of sexual partners	46.3	37.0 - 55.8	86	-	-	3	22.6	10.9 - 41.0	27	39.6	32.0 - 47.7	116
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	39.7	30.9 - 49.3	85	-	-	3	22.6	10.9 - 41.0	27	34.7	27.4 - 42.8	115
r. Sexual orientation	33.6	24.7 - 43.8	86	-	-	3	11.1	4.2 - 26.5	27	27.5	20.6 - 35.7	116
s. Gender roles, gender identity, or gender expression	35.0	26.3 - 44.8	86	-	-	3	11.1	4.2 - 26.5	27	28.5	21.7 - 36.4	116

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N_1. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
§	§	§	5.2	2.9 - 9.1	175	4.3	0.8 - 20.8	24	5.1	3.0 - 8.6	199

*Responses to question 11 a through s all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11N_2. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N
Percent			Percent			Percent			Percent		
17.2	11.3 - 25.3	86	-	-	3	7.3	2.2 - 21.3	27	14.5	9.8 - 20.9	116

*Responses to question 11 a through s all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	13.7	10.3 - 18.1	176	4.3	0.8 - 20.8	24	12.5	9.4 - 16.5	200
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	14.7	11.2 - 19.0	176	4.3	0.8 - 20.8	24	13.4	10.2 - 17.3	200
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	8.8	6.0 - 12.7	176	4.3	0.8 - 20.8	24	8.2	5.7 - 11.8	200
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	12.4	9.3 - 16.5	176	4.3	0.8 - 20.8	24	11.4	8.5 - 15.1	200
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	13.1	9.8 - 17.3	176	4.3	0.8 - 20.8	24	12.0	9.0 - 15.9	200
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	21.3	16.8 - 26.6	176	8.5	7.0 - 10.4	24	19.7	15.7 - 24.4	200
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	12.0	8.9 - 15.9	176	8.5	7.0 - 10.4	24	11.5	8.8 - 15.0	200

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	49.2	39.6 - 58.8	87	-	-	3	26.1	13.6 - 44.1	27	42.6	34.7 - 50.8	117
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	45.9	36.7 - 55.4	88	-	-	3	26.1	13.6 - 44.1	27	40.2	32.6 - 48.3	118
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	37.9	29.4 - 47.2	87	-	-	3	22.2	10.8 - 40.3	27	33.3	26.2 - 41.2	117
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	44.4	35.3 - 53.9	87	-	-	3	22.2	10.8 - 40.3	27	38.1	30.7 - 46.2	117
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	46.8	37.7 - 56.1	87	-	-	3	22.2	10.8 - 40.3	27	39.9	32.5 - 47.9	117
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	48.9	39.8 - 58.1	88	-	-	3	29.9	15.7 - 49.4	27	43.3	35.5 - 51.4	118
g. Influence and support others to avoid or reduce sexual risk behaviors	38.8	30.2 - 48.2	87	-	-	3	26.1	13.2 - 45.0	27	34.9	27.5 - 43.0	117

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	79.2	71.2 - 85.5	84	62.3	55.6 - 68.6	146	72.6	56.4 - 84.4	30	69.1	64.3 - 73.5	260
b. Benefits of drinking plenty of water	80.8	72.8 - 86.8	82	63.0	56.1 - 69.3	146	69.2	54.9 - 80.5	30	69.4	64.6 - 73.9	258
c. Benefits of eating breakfast every day	79.4	71.4 - 85.6	85	60.2	53.2 - 66.7	148	69.2	54.9 - 80.5	30	67.5	62.7 - 72.0	263
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate, MyPyramid)	66.8	58.1 - 74.5	85	50.7	43.8 - 57.6	155	60.5	46.4 - 73.0	31	57.0	52.0 - 61.9	271
e. Using food labels	74.5	65.6 - 81.8	84	48.0	40.9 - 55.2	157	57.5	42.7 - 71.0	31	57.4	52.2 - 62.4	272
f. Differentiating between nutritious and non-nutritious beverages	76.3	67.7 - 83.1	86	53.5	46.6 - 60.2	156	60.8	49.3 - 71.2	31	61.6	56.7 - 66.2	273
g. Balancing food intake and physical activity	78.0	69.7 - 84.6	84	55.4	48.7 - 61.9	154	64.9	55.3 - 73.4	29	63.7	59.0 - 68.1	267
h. Eating more fruits, vegetables, and whole grain products	75.7	66.9 - 82.7	84	54.4	47.5 - 61.0	154	72.6	56.4 - 84.4	30	63.2	58.2 - 68.0	268
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	74.7	65.8 - 82.0	84	47.6	41.1 - 54.1	159	61.1	47.2 - 73.5	31	57.6	52.8 - 62.3	274
j. Choosing foods, snacks, and beverages that are low in added sugars	72.5	63.8 - 79.8	84	49.0	42.1 - 56.0	156	67.4	52.7 - 79.4	31	58.5	53.5 - 63.4	271
k. Choosing foods and snacks that are low in sodium	65.8	56.5 - 74.0	88	43.1	36.7 - 49.8	161	67.4	52.7 - 79.4	31	53.1	48.2 - 58.0	280

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Eating a variety of foods that are high in calcium	67.5	58.5 - 75.3	88	43.7	37.3 - 50.3	162	64.5	49.0 - 77.4	31	53.6	48.7 - 58.4	281
m. Eating a variety of foods that are high in iron	63.3	54.5 - 71.2	88	39.8	33.2 - 46.7	163	58.1	43.5 - 71.5	31	49.3	44.3 - 54.2	282
n. Food safety	64.0	54.9 - 72.2	87	38.4	31.8 - 45.4	163	57.5	42.7 - 71.0	31	48.6	43.5 - 53.6	281
o. Preparing healthy meals and snacks	64.9	56.4 - 72.5	87	42.6	35.8 - 49.6	158	51.5	37.3 - 65.4	31	50.7	45.7 - 55.7	276
p. Risks of unhealthy weight control practices	71.1	62.4 - 78.5	85	42.5	35.8 - 49.4	161	51.2	36.8 - 65.3	31	52.4	47.4 - 57.3	277
q. Accepting body size differences	64.6	55.9 - 72.4	88	43.8	37.1 - 50.7	163	59.2	47.0 - 70.5	30	52.1	47.1 - 56.9	281
r. Signs, symptoms, and treatment for eating disorders	62.0	52.3 - 70.7	87	29.1	23.4 - 35.6	166	48.2	34.3 - 62.4	31	41.4	36.7 - 46.4	284
s. Relationship between diet and chronic diseases	71.6	63.2 - 78.7	89	36.1	30.1 - 42.7	164	57.8	45.3 - 69.4	31	49.8	45.2 - 54.4	284
t. Assessing body mass index (BMI)	68.1	59.5 - 75.7	86	33.9	27.6 - 40.8	167	51.2	39.0 - 63.2	31	46.3	41.6 - 51.2	284

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13N. Percentage of schools that taught all 20 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
40.0	32.6 - 48.0	89	20.6	15.5 - 26.8	171	38.2	26.1 - 52.0	31	28.5	24.4 - 33.1	291

*Responses to question 13 a through t all are "yes."
N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	80.0	72.0 - 86.1	86	69.2	62.4 - 75.2	156	74.1	58.8 - 85.1	31	73.2	68.4 - 77.5	273
b. Mental and social benefits of physical activity	78.5	70.3 - 84.9	86	67.1	60.4 - 73.1	156	70.8	54.6 - 83.0	31	71.2	66.4 - 75.6	273
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	82.9	75.5 - 88.4	85	73.2	67.4 - 78.3	154	82.8	70.3 - 90.8	30	77.4	73.3 - 81.0	269
d. Phases of a workout (i.e., warm-up, workout, cool down)	81.8	74.2 - 87.5	86	74.0	67.3 - 79.8	155	75.5	57.5 - 87.5	29	76.7	71.9 - 80.9	270
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	74.5	66.7 - 81.0	86	64.4	57.9 - 70.3	158	69.8	53.1 - 82.5	30	68.2	63.5 - 72.6	274
f. Decreasing sedentary activities (e.g., television viewing, using video games)	72.5	63.6 - 80.0	87	66.7	60.4 - 72.5	157	75.9	60.7 - 86.6	30	69.6	64.9 - 74.0	274
g. Preventing injury during physical activity	78.2	70.3 - 84.4	86	71.3	65.2 - 76.7	154	71.9	53.3 - 85.2	29	73.6	69.0 - 77.7	269

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	68.7	61.0 - 75.6	89	65.5	59.0 - 71.5	157	66.3	51.0 - 78.8	30	66.6	62.0 - 71.0	276
i. Dangers of using performance-enhancing drugs (e.g., steroids)	65.8	57.3 - 73.3	88	29.9	24.1 - 36.5	168	57.8	41.0 - 73.0	31	44.1	39.5 - 48.9	287
j. Increasing daily physical activity	79.0	71.6 - 84.9	88	72.7	66.9 - 77.8	154	79.7	66.0 - 88.9	30	75.6	71.4 - 79.3	272
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	72.2	63.8 - 79.3	88	72.9	66.9 - 78.1	155	73.2	57.4 - 84.7	30	72.7	68.1 - 76.8	273
l. Using safety equipment for specific physical activities	71.8	64.5 - 78.1	87	65.1	58.7 - 71.0	155	72.3	53.8 - 85.3	29	68.1	63.4 - 72.4	271
m. Benefits of drinking water before, during, and after physical activity	82.0	74.6 - 87.6	86	74.6	68.7 - 79.8	154	79.0	61.8 - 89.8	29	77.5	73.2 - 81.3	269

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14N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N
Percent			Percent			Percent			Percent		
52.9	44.1 - 61.5	89	25.0	19.8 - 31.2	169	51.5	35.5 - 67.3	31	36.6	32.1 - 41.4	289

*Responses to question 14 a through m all are "yes."
 N = Unweighted number of observations

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15. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Physical education staff	52.6	43.2 - 61.9	89	59.6	53.1 - 65.8	178	54.5	39.8 - 68.4	31	57.0	51.9 - 61.9	298
b. Health services staff (e.g., nurses)	33.4	25.5 - 42.4	89	46.5	40.1 - 53.0	178	31.9	20.2 - 46.4	31	41.0	36.3 - 45.9	298
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	33.2	24.8 - 42.8	89	37.6	31.7 - 43.9	178	19.6	10.8 - 32.8	31	34.4	29.9 - 39.2	298
d. Nutrition or food service staff	21.5	15.1 - 29.8	89	37.3	30.9 - 44.2	178	26.3	15.0 - 41.8	31	31.3	26.8 - 36.3	298
e. School health council, committee, or team	30.0	22.4 - 38.9	89	28.1	22.5 - 34.4	178	13.3	5.7 - 28.2	31	27.1	22.8 - 31.8	298

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16. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. HIV prevention, STD prevention, or teen pregnancy prevention	19.0	12.7 - 27.5	88	6.0	3.6 - 9.9	177	6.5	1.9 - 20.0	30	10.0	7.4 - 13.4	295
b. Tobacco-use prevention	14.6	9.7 - 21.4	88	17.6	13.1 - 23.2	177	3.4	0.6 - 16.9	30	15.2	12.0 - 19.1	295
c. Alcohol- or other drug-use prevention	18.8	12.9 - 26.6	88	19.6	14.9 - 25.3	177	13.7	5.6 - 29.8	30	18.8	15.2 - 22.9	295
d. Physical activity	28.2	20.7 - 37.2	88	33.5	27.7 - 40.0	177	13.4	7.3 - 23.3	30	29.8	25.5 - 34.6	295
e. Nutrition and healthy eating	25.5	18.5 - 34.1	88	38.0	32.4 - 44.0	177	20.3	11.2 - 33.9	30	32.4	28.2 - 36.9	295
f. Asthma	14.4	9.6 - 21.2	88	20.6	16.0 - 26.1	176	3.4	0.6 - 16.9	30	16.9	13.7 - 20.7	294
g. Food allergies	15.9	10.2 - 23.8	88	21.7	17.0 - 27.1	177	10.0	3.6 - 24.6	30	18.7	15.2 - 22.8	295
h. Diabetes	19.8	14.0 - 27.3	88	19.2	14.6 - 24.9	177	6.9	2.0 - 21.0	30	18.1	14.7 - 22.2	295
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	44.5	35.6 - 53.8	88	56.6	50.3 - 62.8	177	36.7	23.0 - 53.0	30	50.9	46.0 - 55.8	295

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17. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
29.9	22.3 - 38.9	88	32.6	26.8 - 39.0	175	23.0	11.8 - 40.1	30	30.8	26.3 - 35.6	293

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	33.6	25.5 - 42.9	89	20.6	15.8 - 26.4	176	24.1	13.4 - 39.3	30	25.0	20.9 - 29.5	295
b. Asthma	6.9	3.4 - 13.4	89	21.1	16.5 - 26.5	176	23.7	13.7 - 37.9	30	17.0	13.8 - 20.8	295
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	24.7	17.2 - 34.2	89	19.7	15.0 - 25.5	176	23.4	12.0 - 40.6	30	21.6	17.6 - 26.3	295
d. Emotional and mental health	33.6	25.8 - 42.5	89	29.2	23.9 - 35.1	176	33.7	22.0 - 47.7	30	31.0	26.8 - 35.6	295
e. Epilepsy or seizure disorder	14.7	9.0 - 22.9	89	18.5	13.8 - 24.5	176	20.3	11.2 - 34.0	30	17.5	13.9 - 21.9	295
f. Food allergies	19.3	12.6 - 28.5	89	24.8	19.7 - 30.8	176	30.2	19.9 - 43.1	30	23.7	19.7 - 28.2	295
g. Foodborne illness prevention	19.6	12.8 - 28.9	89	15.5	11.4 - 20.6	176	26.8	15.7 - 41.8	30	17.9	14.3 - 22.1	295
h. HIV prevention	19.9	13.4 - 28.5	89	14.2	10.3 - 19.1	176	10.3	5.8 - 17.8	30	15.5	12.3 - 19.4	295
i. Human sexuality	18.1	13.0 - 24.6	89	8.5	5.5 - 13.0	176	3.4	0.6 - 16.9	30	10.9	8.4 - 14.1	295

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. Infectious disease prevention (e.g., flu prevention)	25.9	18.4 - 35.1	89	29.0	23.6 - 35.0	176	30.3	19.3 - 44.1	30	28.2	24.0 - 32.8	295
k. Injury prevention and safety	33.5	25.6 - 42.5	89	33.7	28.0 - 39.8	176	19.9	9.7 - 36.5	30	32.2	27.8 - 36.9	295
l. Nutrition and dietary behavior	31.6	23.3 - 41.2	89	27.6	21.8 - 34.2	176	13.7	5.8 - 29.1	30	27.4	22.9 - 32.4	295
m. Physical activity and fitness	36.3	28.5 - 44.8	89	39.6	32.9 - 46.7	175	19.6	10.9 - 32.7	30	36.5	31.7 - 41.5	294
n. Pregnancy prevention	12.5	7.7 - 19.6	89	7.5	4.7 - 11.8	176	3.4	0.6 - 16.9	30	8.6	6.2 - 11.9	295
o. STD prevention	15.6	10.1 - 23.4	89	8.6	5.5 - 13.2	176	0.0	†	30	9.9	7.2 - 13.3	295
p. Suicide prevention	39.3	30.2 - 49.3	89	21.3	16.7 - 26.8	176	27.2	15.9 - 42.3	30	27.4	23.3 - 32.1	295
q. Tobacco-use prevention	15.8	10.2 - 23.8	89	15.1	10.8 - 20.8	176	6.9	2.0 - 21.0	30	14.5	11.2 - 18.6	295
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	50.6	41.8 - 59.5	89	42.4	36.1 - 49.0	176	43.6	28.4 - 60.2	30	45.1	40.1 - 50.1	295

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	59.4	51.7 - 66.7	89	44.3	38.0 - 50.8	176	62.9	46.9 - 76.5	30	50.9	46.2 - 55.6	295
b. Teaching students of various cultural backgrounds	54.3	44.8 - 63.5	89	38.5	32.3 - 45.1	176	46.4	33.7 - 59.6	30	44.1	39.2 - 49.1	295
c. Teaching students with limited English proficiency	59.1	49.5 - 68.0	89	37.0	30.7 - 43.7	176	36.4	23.6 - 51.5	30	43.7	38.7 - 48.8	295
d. Teaching students of different sexual orientations or gender identities	19.7	13.2 - 28.4	89	9.2	6.6 - 12.7	176	20.6	11.7 - 33.8	30	13.6	10.7 - 17.1	295
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	66.8	57.0 - 75.3	88	46.5	40.2 - 53.0	176	59.8	44.0 - 73.8	30	54.1	49.0 - 59.0	294
f. Encouraging family or community involvement	49.1	40.3 - 58.0	89	42.9	36.8 - 49.2	176	36.8	24.1 - 51.7	30	44.2	39.4 - 49.0	295
g. Teaching skills for behavior change	53.2	44.1 - 62.2	89	44.2	37.6 - 51.0	176	53.3	40.1 - 66.0	30	47.9	42.9 - 53.0	295
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	72.2	62.3 - 80.3	89	55.0	48.8 - 61.0	176	59.8	44.0 - 73.8	30	60.7	55.8 - 65.5	295
i. Assessing or evaluating students in health education	35.6	27.6 - 44.5	89	19.4	14.8 - 25.2	176	16.8	9.5 - 28.1	30	24.1	20.2 - 28.5	295

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	20.7	14.1 - 29.3	89	9.2	6.0 - 13.9	176	3.1	0.6 - 15.4	30	12.1	9.1 - 15.8	295
b. Creating a comfortable and safe learning environment for students receiving sexual health education	18.5	12.7 - 26.1	89	9.2	6.0 - 13.9	176	6.5	1.9 - 20.1	30	11.8	8.9 - 15.3	295
c. Connecting students to on-site or community-based sexual health services	15.7	10.2 - 23.6	89	4.7	2.6 - 8.4	176	0.0	†	30	7.6	5.4 - 10.7	295
d. Using a variety of effective instructional strategies to deliver sexual health education	20.9	14.6 - 29.0	89	8.0	5.1 - 12.4	176	0.0	†	30	11.1	8.4 - 14.6	295
e. Building student skills in HIV, other STD, and pregnancy prevention	21.2	14.4 - 30.0	88	5.6	3.3 - 9.5	176	0.0	†	30	9.8	7.2 - 13.2	294
f. Assessing student knowledge and skills in sexual health education	18.0	11.6 - 26.9	88	5.1	2.9 - 8.8	176	3.4	0.6 - 16.9	30	8.8	6.3 - 12.2	294
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	22.7	15.8 - 31.5	88	7.3	4.6 - 11.6	176	0.0	†	30	11.3	8.5 - 14.8	294

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	75.3	67.9 - 81.5	89	55.7	49.4 - 61.9	178	52.2	38.6 - 65.4	31	61.3	56.7 - 65.7	298
b. Asthma	51.2	42.7 - 59.6	89	49.0	43.0 - 54.9	178	29.2	20.9 - 39.2	31	47.5	43.1 - 52.0	298
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	63.1	54.1 - 71.2	89	58.9	52.7 - 64.9	178	55.1	40.5 - 68.9	31	59.8	55.0 - 64.4	298
d. Emotional and mental health	70.8	62.5 - 77.9	89	63.9	57.5 - 69.7	178	54.8	40.0 - 68.8	31	65.0	60.3 - 69.4	298
e. Epilepsy or seizure disorder	56.6	48.3 - 64.6	89	46.7	40.5 - 53.0	178	35.5	24.3 - 48.7	31	48.5	43.9 - 53.2	298
f. Food allergies	56.5	47.8 - 64.8	89	48.4	42.4 - 54.4	178	25.9	18.7 - 34.7	31	48.5	44.0 - 52.9	298
g. Foodborne illness prevention	49.5	41.0 - 58.0	89	39.9	34.1 - 46.1	178	29.2	17.0 - 45.4	31	41.7	37.1 - 46.4	298
h. HIV prevention	48.3	39.7 - 57.1	89	39.3	33.4 - 45.6	178	35.9	22.6 - 51.7	31	41.7	37.0 - 46.5	298
i. Human sexuality	58.5	49.7 - 66.7	89	41.4	35.6 - 47.4	178	42.2	28.5 - 57.1	31	46.7	42.1 - 51.3	298
j. Infectious disease prevention (e.g., flu prevention)	58.3	48.7 - 67.3	89	42.8	37.1 - 48.7	178	35.5	24.3 - 48.6	31	46.7	42.1 - 51.4	298
k. Injury prevention and safety	56.1	48.5 - 63.5	88	54.6	48.6 - 60.5	177	42.2	30.5 - 54.8	31	53.8	49.3 - 58.1	296

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	65.2	56.6 - 72.9	87	56.9	51.0 - 62.6	178	44.8	31.8 - 58.6	31	58.1	53.5 - 62.5	296
m. Physical activity and fitness	62.6	52.7 - 71.5	89	58.7	52.6 - 64.6	178	38.9	28.6 - 50.3	31	57.8	53.0 - 62.4	298
n. Pregnancy prevention	53.9	45.9 - 61.7	89	38.2	32.5 - 44.3	178	45.5	30.7 - 61.2	31	43.7	39.2 - 48.4	298
o. STD prevention	56.1	47.4 - 64.4	89	41.1	35.1 - 47.4	178	35.9	22.6 - 51.7	31	45.1	40.4 - 49.9	298
p. Suicide prevention	70.2	61.7 - 77.6	89	56.4	50.6 - 62.1	178	54.8	38.4 - 70.2	31	60.4	55.8 - 64.9	298
q. Tobacco-use prevention	59.1	50.6 - 67.1	89	51.7	45.8 - 57.4	178	45.5	34.7 - 56.8	31	53.3	48.8 - 57.7	298
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	81.9	74.7 - 87.4	89	66.5	60.8 - 71.8	178	55.1	42.8 - 66.9	31	70.0	65.9 - 73.8	298

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	66.9	58.4 - 74.3	89	62.1	56.3 - 67.5	178	54.5	39.8 - 68.4	31	62.7	58.2 - 67.0	298
b. Teaching students of various cultural backgrounds	64.2	55.5 - 72.2	89	52.1	46.0 - 58.1	178	51.5	36.3 - 66.4	31	55.7	51.0 - 60.4	298
c. Teaching students with limited English proficiency	53.9	45.7 - 61.9	89	44.6	38.8 - 50.6	178	41.5	30.2 - 53.8	31	47.1	42.6 - 51.6	298
d. Teaching students of different sexual orientations or gender identities	59.1	50.6 - 67.1	89	45.8	39.7 - 51.9	178	48.5	31.8 - 65.5	31	50.1	45.3 - 54.9	298
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	63.3	53.6 - 71.9	89	50.6	44.0 - 57.1	178	48.8	34.5 - 63.4	31	54.2	49.2 - 59.2	298
f. Encouraging family or community involvement	69.4	60.8 - 76.9	89	62.4	56.3 - 68.2	178	54.8	40.3 - 68.5	31	63.7	59.1 - 68.2	298
g. Teaching skills for behavior change	72.7	63.6 - 80.2	89	64.7	58.9 - 70.1	178	61.5	44.1 - 76.3	31	66.8	62.1 - 71.2	298
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	62.3	53.1 - 70.7	88	58.2	51.8 - 64.3	177	58.1	42.2 - 72.5	31	59.4	54.5 - 64.2	296
i. Assessing or evaluating students in health education	59.3	49.8 - 68.2	89	59.0	53.2 - 64.6	177	51.5	34.6 - 68.0	31	58.3	53.5 - 63.0	297

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	48.1	38.9 - 57.4	89	38.3	32.6 - 44.5	178	35.9	22.7 - 51.6	31	41.0	36.3 - 45.9	298
b. Creating a comfortable and safe learning environment for students receiving sexual health education	45.2	36.2 - 54.5	89	39.8	33.7 - 46.3	178	39.2	26.5 - 53.5	31	41.4	36.6 - 46.3	298
c. Connecting students to on-site or community-based sexual health services	49.1	39.6 - 58.6	89	37.3	31.4 - 43.6	178	39.2	24.9 - 55.7	31	41.1	36.2 - 46.1	298
d. Using a variety of effective instructional strategies to deliver sexual health education	51.7	42.5 - 60.8	89	42.2	36.4 - 48.4	178	39.2	24.9 - 55.7	31	44.8	40.0 - 49.7	298
e. Building student skills in HIV, other STD, and pregnancy prevention	52.5	44.2 - 60.6	89	37.3	31.5 - 43.5	178	35.9	21.2 - 53.8	31	41.8	37.1 - 46.5	298
f. Assessing student knowledge and skills in sexual health education	50.4	41.5 - 59.3	89	38.6	32.7 - 44.8	177	39.2	24.9 - 55.7	31	42.2	37.5 - 47.1	297
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	52.5	43.0 - 61.8	89	38.6	32.7 - 44.9	177	39.2	24.9 - 55.7	31	42.9	38.0 - 47.9	297

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24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Health and physical education combined	34.0	26.5 - 42.4	88	17.2	13.0 - 22.5	177	22.2	11.1 - 39.5	31	22.8	19.1 - 27.1	296
b. Health education	8.7	5.1 - 14.4	88	1.1	0.3 - 3.5	177	0.0	†	31	3.3	2.0 - 5.2	296
c. Physical education	10.7	6.2 - 17.7	88	31.8	26.5 - 37.6	177	16.0	7.2 - 31.8	31	23.7	20.0 - 27.8	296
d. Other education degree	12.7	8.0 - 19.6	88	10.8	7.4 - 15.5	177	23.3	12.0 - 40.3	31	12.7	9.7 - 16.4	296
e. Kinesiology, exercise science, or exercise physiology	4.2	1.8 - 9.6	88	1.5	0.9 - 2.7	177	0.0	†	31	2.2	1.3 - 3.7	296
f. Home economics or family and consumer science	1.3	0.2 - 6.8	88	0.0	†	177	0.0	†	31	0.4	0.1 - 2.1	296
g. Biology or other science	9.3	5.6 - 15.0	88	2.9	1.3 - 6.1	177	18.9	10.3 - 32.3	31	6.5	4.6 - 9.1	296
h. Nursing	5.6	2.6 - 11.8	88	20.3	15.9 - 25.5	177	6.6	1.9 - 20.3	31	14.4	11.5 - 18.0	296
i. Counseling	2.4	0.7 - 7.6	88	3.3	1.6 - 6.5	177	0.0	†	31	2.7	1.5 - 4.8	296
j. Public health	2.4	0.7 - 7.6	88	0.0	†	177	0.0	†	31	0.7	0.2 - 2.3	296
k. Nutrition	1.1	0.2 - 5.5	88	0.6	0.1 - 3.0	177	0.0	†	31	0.7	0.2 - 2.1	296
l. Other	7.7	4.4 - 13.3	88	10.6	7.3 - 15.3	177	13.0	5.3 - 28.2	31	10.0	7.4 - 13.3	296

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
45.4	37.4 - 53.6	89	30.0	24.8 - 35.7	178	28.9	16.6 - 45.4	31	34.5	30.3 - 39.0	298

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 1 year	9.2	4.8 - 17.1	77	23.2	17.7 - 29.9	155	20.3	9.3 - 38.9	25	18.7	14.7 - 23.4	257
b. 2 to 5 years	28.2	20.2 - 37.8	77	27.3	21.4 - 34.2	155	31.9	18.4 - 49.3	25	28.0	23.4 - 33.2	257
c. 6 to 9 years	12.1	6.8 - 20.5	77	11.3	7.4 - 16.7	155	19.5	8.6 - 38.5	25	12.3	9.1 - 16.5	257
d. 10 to 14 years	16.8	11.0 - 24.9	77	13.9	9.9 - 19.3	155	0.0	†	25	13.4	10.3 - 17.3	257
e. 15 years or more	33.7	26.9 - 41.3	77	24.2	18.8 - 30.7	155	28.2	16.1 - 44.5	25	27.5	23.3 - 32.2	257

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations